

FEB. 10 2024 • ד"אי אדר אי תשפ

פרשת משפטים PARSHAT MISHPATIM

SHABBAT ROSH CHODESH



The Greatness of Man Rabbi Judah Mischel Page 28



The Regalim: Page 56 The Step-by-Step Inspiration in the Service of G-d Dr. Ariella Agatstein





ואלה המשפטים אשר תשים לפניהם שמות כ״א:א׳

YERUSHALAYIM SHABBAT PARSHAT MISHPATIM ZMANIM CANDLES 4:44 PM • HAVDALA 5:59 PM • RABBEINU TAM 6:38 PM

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The Y-Files Comic **Netanel Epstein**

See TorahTidbits.com > Individual Articles for this weeks Divrei Torah by Rabbi Dr. Tzvi Hersh Weinreb and Rebbetzin Dr. Adina Shmidman.

Torah Tidbits is proud to share a photo each week on the cover from our readers! It is an honor to showcase the immense talent from across the country.

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HELPFUL REMINDERS



Earliest Kiddush Levana, 3 Days After Molad: 5 Adar Aleph/ Tues. night Feb. 13 7 Days After Molad: 9 Adar Aleph/ Motzei Shabbat Feb. 17 Last Opportunity to Say Kiddush Levana until: 14 Adar Aleph/ Thurs. night Feb. 22

THIS WEEK'S COVER PHOTO

By Michael Katz. I made Aliyah in December 1999 to Jerusalem and I now live in Kfar Saba with my wife and five children. I produced the image using AI technology using an application called Midjourney. This image is dedicated for the 8th yahrzeit of my mother, Chana Toba bas Nachum Shimshon z"I. The image is of scales, that represent the law, and a tree that signifies that the law is deeply rooted and has many branches.



CANDLE LIGHTING AND HAVDALA TIMES

4	4	
3	3	
1		

	MISHPATIM		TERUMAH	
	CANDLES	HAVDALA	CANDLES	HAVDALA
Yerushalayim / Maale Adumim	4:44	5:59	4:50	6:04
Aza Area (Netivot, Sderot et al)	5:02	6:01	5:08	6:07
Beit Shemesh / RBS	5:03	6:00	5:09	6:05
Alon Shvut	5:00	5:59	5:06	6:05
Raanana / Tel Mond / Herzliya / K. Saba	5:00	6:00	5:06	6:05
Modiin / Chashmonaim	5:00	5:59	5:06	6:05
Netanya	5:00	6:00	5:06	6:05
Be'er Sheva	5:02	6:01	5:08	6:06
Rehovot	5:01	6:00	5:07	6:06
Petach Tikva	4:44	6:00	4:50	6:05
Ginot Shomron	4:59	5:59	5:06	6:04
Haifa / Zichron	4:49	5:59	4:55	6:04
Gush Shiloh	4:59	5:58	5:05	6:04
Tel Aviv / Givat Shmuel	5:01	6:00	5:07	6:06
Givat Zeev	5:04	5:59	5:10	6:04
Chevron / Kiryat Arba	5:00	5:59	5:06	6:05
Ashkelon	5:02	6:01	5:08	6:07
Yad Binyamin	5:01	6:00	5:07	6:06
Tzfat / Bikat HaYarden	4:51	5:56	4:57	6:02
Golan	4:57	5:56	5:03	6:02
Nahariya/Maalot	4:57	5:58	5:04	6:04
Afula	4:58	5:58	5:04	6:03

Rabbeinu Tam (Jerusalem) - 6:38 PM • Next Week - 6:44 PM

All Times According to MyZmanim (20 mins before Sunset in most Cities; 40 mins in Yerushalyim and Petach Tikva; 30 mins in Tzfat and Haifa)

Daf Yomi: Bava Kama 100



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Ranges 11 days Wed - Sha Feb. 7 - 27 / 28 Shvat - 8 Ad Earliest Tallit and Tefillin Sunrise Sof Zman Kriat Shema Magen Avraham Sof Zman Tefila (According to the Gra and Baal HaTan	ar Aleph 5:36 - 5:28 6:28 - 6:20 9:11 - 9:06 8:34 - 8:30 10:05 - 10:02
Chatzot (Halachic Noon)	11:53
Mincha Gedola (Earliest Mincha)	12:23
Plag Mincha	4:10 - 4:17
Sunset (Including Elevation)	5:22 - 5:31

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OU ISRAEL CENTER 3

DEAR TORAH TIDBITS FAMILY

RABBI AVI BERMAN Executive Director, OU Israel

This Purim marks 15 years that Rav Shmuel Eliyahu and I have hosted a radio show on *Radio Galei Yisrael*. It all started when a few friends in my neighborhood told me, "Avi, they're opening a radio station here in Givat Ze'ev - you should be on the radio!" I responded, "Me? What do I have to do with radio? I don't think it's my thing." They said, "You can talk about all the important topics you are interested in such as education, Diaspora Jewry, love for *Eretz Yisrael, kiruv*, education and more." It was tempting, as I cared for all these topics deeply, but I dismissed it and went on with my life.

A few weeks later, I received a call from Rav Shmuel Eliyahu who said, "Listen, Avi, I've been asked by the radio station to do a show tomorrow. I don't want to do it alone.

May the Torah learning in this issue be in the merit of and לעילוי נשמות our dear parents

MURRAY FISHER z''l משה בן יהודה לב ז״ל on his 37th yahrzeit

and

LILLIAN FISHER a"h לאה בת שמשון ע"ה on her 2nd yahrzeit

Deeply missed and loved by their family and all those who were blessed to know them

Susan Gopstein, Joel Fisher, Karen Weiss, their children, grandchildren and great grandchildren Can you join me?" Now that it was coming from Rav Shmuel Eliyahu, it was a lot harder to say no, and I decided to give it a shot.

It's been almost 15 years of broadcasting a show called "*Actualia Yehudit*" - "Jewish Current Events," every week on Hebrew radio. I make sure to take ideas from my work at the OU and from Rav Shmuel Eliyahu and incorporate them into the discussion on the radio show. We talk about all sorts of topics with the goal of inspiring the Jewish People.

If anyone would have asked me before that phone call from Rav Eliyahu if there was a chance I would be an Israeli broadcaster, I would have rejected the possibility completely. Public speaking is always an intimidating prospect, but I learned to do it over the years in my role in NCSY and for the past 17 years as Executive Director of OU Israel. However, to put myself in a position every week to speak publicly to hundreds and thousands of people, I sometimes wonder why would I want to do that. It still sometimes surprises me that I chose to do this so long ago.

From our first show, I began to receive feedback from people all over the country. People shared, "I listened to your radio show and enjoyed it. Thank you so much!" That *chizuk* was the motivation which gave me the drive to continue. Doing a weekly show, rain or shine, is no easy task. Not just for me, but also my family who enables me to have time to prepare for and record the show. Getting such positive responses from listeners gave me the energy to continue week after week. This was on my mind three and a half years ago when the Director of Marketing, Laya Bejell, as well as our Office Manager and Torah Tidbits Advertising Coordinator, Ita Rochel, came over to me and said, "Phil Chernofsky has retired as founder and editor of Torah Tidbits, after decades of work. Maybe you should start writing in Torah

Tidbits yourself." Once again, I found myself protesting the spotlight. "I hate writing," I told them. "I can't do it." They pushed. "We'll work with you. We'll make sure it doesn't take up too much of your time." As you can see and read, they prevailed and once again, I talk to hundreds and thousands of people throughout Israel in this weekly column. Writing each week takes endless sivata





could hear, and thought to myself how amazing these new platforms are. Then, two and a half months ago, during the war, I was working hard getting messages out through Facebook and Instagram to our brothers and sisters both here and abroad. I shared what the incredible OU Israel staff were doing during the war. Nina Broder, our Director of Social

or watching podcasts from Jewish channels -

whether in the background while doing their

chores, walking around the house, or sitting

at the table. I myself was inspired by what I

our Director of Social Media, approached me and recommended I start an OU Israel podcast. My initial thought was I'm too busy, but I was immediately sold when she told me that it is a great way to get out positive messaging

dishmaya, and the positive feedback you, my dear readers, share encourages me to continue writing each week.

My children are bilingual, but since they grew up in Israel, they certainly prefer to read in Hebrew than in English. In fact, many times, they'll ask me to read my column to them so they can listen. I love reading it to them since it shares perspectives and activities I want them to know about. They enjoy listening, which is something so many of us as well as the younger generation do throughout the week. Podcasts are very popular today, and I see my children regularly listening to today, in a fun and entertaining way. (By the way, if you want to keep up with the OU in Israel, Nina has been doing a fantastic job with all the social media platforms. Follow

לעילוי נשמת Rabbi Yaakov I. Homnick z"ו ויי on his 2nd yahrzeit - מוצ"שק ב' אדר אי

A Rav A Talmid Chacham A מקבל כל אדם בסבר פנים יפות א

His presence is greatly missed

The Homnick and Bulman families grandchildren and great-grandchildren

@theouisrael on Instagram, YouTube, Facebook and even TikTok!)

Thanks to Nina's professionalism and encouragement, we have released four episodes of the OU Israel podcast. Through the podcast I am meeting amazing Jewish leaders, people who have dedicated themselves to the cause of the Jewish People. Getting to sit down with them and talk to them about what they are doing to help move the Jewish People forward, has really been such a delightful experience. Our podcast guests include President of the OU, Mitch Aeder, EVP and COO of the OU Rabbi Dr. Josh Joseph, Rabbi Shlomo Katz, Rabbi Joshua Gerstein, and most recently, Aleeza Ben Shalom, professional matchmaker. The podcast showcases their passion, how they think and what moves them to help the Jewish People. It's really been amazing.

As I meet these great and important people, I keep thinking that this is another way of showing the Jewish People how every single one of us can make a tremendous difference in the Jewish People. Aleeza Ben Shalom remarked to me that OU Israel Program Director Rabbi Sam Shor was one of the few people who really believed in her when she started working as a matchmaker. Now it's amazing to see how packed the OU Israel Center gets with singles who

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participate in her courses. When Rabbi Shlomo Katz gets up to be the *chazzan* on Yom HaAtzmaut at Gan Hapaamon, where I hope to see you all this year, I'm inspired. When Rabbi Yehoshua Gerstein goes to the IDF base and gets smiles from soldiers religious and secular alike, it lifts me up.

Every one of these great people made a difference by doing what they do best. We all have this potential. Watch or listen to the OU Israel podcast on our YouTube channel, and please share your feedback. I would love to hear what you think as well as your suggestions for future podcasts.

Wishing you all an uplifting and inspiring



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OU ISRAEL CENTER 7



FROM THE DESK OF RABBI MOSHE HAUER



OU EXECUTIVE VICE PRESIDENT

Celebrating Truth in a World of Falsehood

Four months after Simchat Torah became a day of profound tragedy, we need to reaffirm the premise to which that day is dedicated.

As a people of memory, that day will never again have the atmosphere of carefree joy that it may have had for us in the past. Yet the idea that it expresses – the celebration of Torah, of Divine knowledge and Jewish learning - has never been more essential. In the shadows of Simchat Torah 5784, we should consider what this day meant to the Soviet Jews who chose that one time of the year to come out in the tens of thousands and assert their Jewishness.

Elie Wiesel visited the Soviet Union in the fall of 1965 and then published "The Jews of Silence", his personal report on Soviet Jewry.

"They came in droves. From near and far, from downtown and the suburbs, from the university and from the factories, from school dormitories and from the Komsomol club. They came in groups; they came alone. But once here, they became a single body, voicing

Condolences to Dr. Irving & Debbie Chiott and family on the passing of his mother Norma a"h

המקום ינחם אתכם בתוך שאר אבלי ציון וירושלים

a song of praise to the Jewish people and its will to live. How many were there? Ten thousand? Twenty thousand? More. About thirty thousand. The crush was worse than it had been inside the synagogue. They filled the whole street, dancing and singing, dancing and singing. They seemed to hover in midair, Chagall-like, floating above the mass of shadows and colors below, above time, climbing a Jacob's ladder that reached to the heavens if not higher. Tomorrow they would descend and scatter, disappear into the innermost parts of Moscow, not to be heard from for another year. But they would return and bring more with them. The line will never break.

... I went up to talk to her. Was she religious? Far from it; never had been. Her parents had been born after the Revolution, and even they had received an antireligious education. What did she know about the Jewish religion? That it was based on outdated values. And about the Jewish people? That it was made up of capitalists and swindlers. And the state of Israel? That it was aggressive, racist, and imperialist. Where had she learned this all from? From textbooks, government pamphlets, and the press. I asked her why she insisted on remaining Jewish. She hesitated, searching for the proper word, then smiled. "What does it matter what they think of us ...

it's what we think that counts."

If there was one day on the calendar that Soviet Jewry would come out of the shadows, it would be Simchat Torah, the day when Jews celebrate our knowledge and our values, what we know and believe. In the darkness of the Soviet's twisted falsehoods and doublespeak, they came to celebrate Jewish truth.

Since the day we received the Torah, we have not just studied it and we don't just observe it: we celebrate it. As our Parsha (Shemot 24:5) records, at Sinai we brought zevachim shelamim, offerings that provided meat for a feast in which we partook together with the intense experience of encountering God (24:11). Ramban explains that this was our way of celebrating the gift of Torah that we had just received and the way we would again celebrate the Torah when we would inscribe it upon stones upon our entry to the land of Israel (Devarim 27:7-8). The unanimous Talmudic agreement (Pesachim 68b) that we feast on Shavuot is grounded in this same concept, "as it is the day that G-d gave us the Torah."

And we continue this fete of Torah in individual *siyum* celebrations when we reach milestones in our Torah study.

Today's free world with its freedom of speech and free press has created its own twisted falsehoods and doublespeak, where a nation defending itself from an explicitly genocidal enemy is accused of genocide, an army lauded by military historians as taking "more measures to avoid needless civilian harm than virtually any other nation that's fought an urban war" is lectured on humanitarianism and accused of war crimes, and a democratic state that includes its Arab citizens as voters, parliamentarians, judges, and surgeons, is called an apartheid state and commanded by the progressives to welcome the creation of a judenrein autocracy next door.

Simchat Torah was never more needed. "What does it matter what they think of us ... it's what we think that counts." We must draw strength and hope by reminding ourselves of who we are, of the magnificent Torah values that guide our behavior in war and peace, of the light that we bring the world and the strength and care that we provide each other. We must celebrate Torah, replaying in our minds and on our lips the words - the value statements - we sing over and over again on Simchat Torah: Baruch hu elokeinu shebra'anu lichvodo v'hivdilanu min hato'im. Blessed is our G-d Who created us to bring Him honor, distinguishing us from those who are so lost and confused and gave us the Torah of truth. And we must prav as we do each morning – that the love of Torah and celebration of its wisdom continue to grow and spread until it reaches every single Jew, man and woman, young and old.

"Hashem, we ask you to please make the Torah taste sweet in our mouths and in the mouths of your entire nation, the House of Israel."



Watch on 'The OU Israel' YouTube channel



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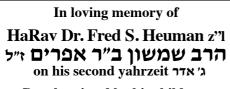
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PARSHAT MISHPATIM

The first half of Parshat Mishpatim has 51 mitzvot in 86 verses. This is the substance of civil law. The second half of the parsha resumes the narrative, describing the impending entry into the Land of Israel. Moshe ascends the mountain to receive the tablets.

Why is the narrative broken with this presentation of civil law? The previous parsha described the drama of Mt. Sinai. The end of the parsha continues with that story. Why interrupt the story with civil law?

Because this is not a break in the storyline at all. The story line is the journey to the Land of Israel. I mean, the storyline of the entire Torah from the time of Avraham. Moshe was told at the burning bush that G-d would take the people out of Egypt to bring to the Land of Israel. We are out of Egypt. Time to journey to the Land.



Deeply missed by his children: Varda and Moish Deutsch, Azriel and Chaya Heuman, Sheera and Chaim Shine, Iryah Mordechai, Judy and Bruce Listhaus grandchildren/great grandchildren But it is not just a journey to a Land. It is a journey to a new life; a Jewish society in the Land of Israel. We aren't just leaving Egypt; we are journeying to our Land and our own society. But the society we are going to build – don't make it like the one in Egypt. Leave Egyptian society behind. Our Jewish society is to be nothing like that: we are building an anti Egypt society. Leave behind its abuse of slaves, its flippant disregard for human life (babies in the river), its excessive use of physical force (the slave master).

Our Jewish society will respect life, respect others, delineate regard for the property of others and build a society of goodness and justice. So, in that regard, it makes perfect sense to begin the description of the march to the Land with what our Jewish society will look like when we get there. And we will see that it is built on the very things that Egyptian society failed at: slavery, physical assault, property infringement.

To give some structure to these 51 mitzvot, I have introduced each section with a heading in bold, indicating the topic of the laws that follow.

2

1ST ALIYA (21:1-19)

And these are the laws you are to instruct them in. *The laws of*

slaves: a Jewish slave goes free after working 6 years. If he chooses, he may extend his slavery permanently. The owner or his son may marry a female slave. If they choose not to, she goes free upon puberty. *Physical* *assault* resulting in death is punishable by death; as is assaulting a parent, kidnapping, cursing a parent. For bodily assault not resulting in death, payment is made for damage, unemployment and medical costs.

Though odd to begin civil law with laws of slaves, if our civil law is to be built on foundations that Egypt failed at, then proper treatment of slaves would be the first thing for the recently released slaves to appreciate. And respect for human life.



2ND ALIYA (21:20-22:3)

Physical assault resulting in financial payment: assault of slaves,

of a pregnant woman resulting in a lost pregnancy. Assault of a slave resulting in loss of an eye or tooth grants the slave his freedom. *Death caused by my property or actions*: a goring ox resulting in death of a person, death of an animal as a result of a pit dug by me, or as a result of my ox goring another. *Theft* and sale or slaughter of animals requires restitution of 4 or 5 times the value of the loss. In clandestine theft, if the thief is killed, the perpetrator is deemed to have acted in self-defense. The punishment for theft is double the stolen object.

Jewish society, unlike what we saw in the Egyptian treatment of us, will be built on respect of people. Respect for their life itself. Respect for their dignity. And respect for their property. The topic of this aliya is not oxen goring oxen; it is people taking responsibility for their property. If my property damages yours, I take full responsibility. People respecting the property of others.



3RD ALIYA (22:4-25)

Property damage caused by

my property: damage to your property must be compensated if done by either my grazing animals, or by a fire lit by

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me in my property; laws of compensation for loss of your property while being guarded or borrowed by me. *Abuse of power*: seducing an unwed woman, sorcerers put to death. If one oppresses the stranger, widow or orphan and they call to Me, your wives will be widows, children orphans.

Returning to the theme of rejecting the norms of Egypt the superpower; power does



not grant privilege. There are people with power. And people without. The foreigner, the widow and the orphan have no power - they are alone, with no one to champion their cause. Do not prey on their lack of power. I, says G-d, am the Champion of those who have no power. They may have no person to turn to. But they always have Me. You, with power, who take advantage of those without; you will have Me to reckon with.



4TH ALIYA (22:26-23:5)

Good citizens: do not curse judges or rulers, do not delay obligations, nor ally with tricksters to pervert justice, nor follow a bad crowd in disputes. Helpful neighbors: return a stray

animal, help unburden a buckled animal even of your enemy.

The power imbalance of Egypt that bred resentment of those in power is not for us. It is not us versus the leaders. We are them: respect those in power, for they serve us. Our society is to be cooperative for the good of us all. And bettering the lives of others is not the sole responsibility of the government. We all need to make the lives of others better. Initiate the return of lost items. unburdening the burdens of others.



5TH ALIYA (23:6-19)

Justice: do not pervert justice – of the poor and weak, through

lies, through bribes and of the foreigner, for you were foreigners in Egypt. Man's limits in G-d's world: work the land 6 years, leave it for the poor in the 7th. Work 6 days, allow rest to your workers on the 7th. Observe the 3 pilgrimage festivals: Pesach, Shavuot, Sukkot. Do not appear empty handed.

This detailed listing of what we would call civil law concludes with Shmita. Shabbat and

the holidays. The root of a Jewish society is the healthy realization of the limits of man and our partnership with G-d. We work; but the land is His. We employ workers; but we are all servants to Him. Our agriculture is punctuated by holidays; so as to temper our pursuit of wealth for wealth's sake with an infusion of standing before Him.

6TH ALIYA (23:20-25)

Journey to the Land: I am send-

ing My angel to guide you to the land of Israel. Loyalty to what I say will ensure your successful settling of the Land. Don't worship idols there; rather serve G-d and you will enjoy blessing and health in the Land.

The listing of the mitzvot concludes and the narrative picks back up. We are on our way to the Land of Israel, armed now with a vision of what that society will look like. In just a few months we'll be setting up a new Jewish society in the land of Israel. After hearing those mitzvot, we now know in what way it will be a Jewish society - one rooted in justice, respect, responsibility and kindness.



7TH ALIYA (23:26-24:18)

Your opponents in the Land will cower. I will cause them to leave

slowly over time so the Land not be desolate when you arrive. Do not make a pact with the people in the Land; they may not dwell with you lest you end up serving their gods. Moshe ascended the mountain, wrote the words of G-d. He built an altar at the foot of the mountain; offerings were brought. He read the words of the covenant; the people responded that they will fulfill it all. Blood was sprinkled as a covenant. Moshe ascended with Aharon. Nadav and Avihu and the 70 elders; they perceived sapphire, the purity of the heavens. G-d called Moshe up the mountain to give him

the luchot, the Torah and the Mitzvot. The cloud of G-d was on the mountain, the vision of G-d like a consuming fire. Moshe was there for 40 days and 40 nights.

The last aliva of a parsha gets scant attention. But this last paragraph? Sapphire, vision of purity of the heaven, a cloud and fire on the mountain. While we often focus on the content of the 10 commandments at Sinai, much more attention is given in the Torah to the drama of the experience; both in Yitro last week and in this description. The experience of Sinai is frightening. The people felt unsure, frightened, unworthy, overwhelmed, confused. They want a close and benevolent G-d, but they may very well be having second thoughts on seeing the power and implications of what a close G-d means.

This heavenly vision, following the civil law, creates the dual nature of the Jew: peering into the unknown, lofty, ephemeral world of the heavens. While living in this earthly world where my animals break your property. Reaching for heaven. Walking on earth.



STATS

18th of 54 sedras: 6th of 11 in Shemot. Written on 185 lines in a Torah (31st). 33 parshivot: 6 open and 27 closed. 118 pesukim - ranks 22 (5th in Shemot). 1462 words - ranks 31 (7th in Shemot). 5313 letters - ranks 37 (8th in Shemot). Mishpatim's pesukim are among the shortest in the Torah.



MITZVOT

Mishpatim has 53 mitzvot; 23 positive and 30 prohibitions. Only 3 sedras have more mitzvot - Ki Teitzei (74), Emor (63), and R'ei (55).

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THOUGHTS ON THE WEEKLY PARSHA

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May the learning of these Divrei Torah be לעילוי נשמת HaRav Ya'akov Zvi ben David Arieh zt"l

לעילוי נשמות

פנחס בן יעקב אשר וגולדה בת ישראל דוד אייז ע״ה ועזריאל בן אריה לייב ומעניה בת יצחק שרטר ע״ה

God's Nudge

First in Yitro there were the Aseret Hadibrot, the "Ten Utterances", the Ten Commandments, expressed as general principles. Now in Mishpatim come the details. Here is how they begin:

If you buy a Hebrew servant, he is to serve you for six years. But in the seventh year, he shall go free, without paying anything . . . But if the servant declares, 'I love my master and my wife and children and do not want to go free,' then his master must take him before the judges. He shall take him to the door or the doorpost and pierce his ear with an awl. Then he will be his servant for life. (Ex. 21:2-6)

There is an obvious question. Why



begin here, with this law? There are 613 commandments. Why does Mishpatim the first full law code in the Torah - begin where it does?

The answer is equally obvious. The Israelites have just endured slavery in Egypt. There must be a reason why this happened, for God knew it was going to happen. Evidently He intended it to happen. Centuries before, He had already told Abraham it would happen:

As the sun was setting, Abram fell into a deep sleep, and a thick and dreadful darkness came over him. Then the Lord said to him, "Know for certain that for four hundred years your descendants will be strangers in a country that is not their own, and that they will be enslaved and mistreated there. (Gen 15:12-13)

It seems that this was the necessary first experience of the Israelites as a nation. From the very start of the human story, the God of freedom sought the free worship of free human beings. But one after the other, people abused that freedom: first Adam and Eve, then Cain, then the generation of the Flood, then the builders of Babel.

God began again, this time not with all humanity, but with one man, one woman, one family who would become pioneers of freedom. Still, freedom is difficult. We each seek it for ourselves, but we deny it to others when their freedom conflicts with ours. So deeply is this true that within three generations of Abraham's children, Joseph's brothers were willing to sell him into slavery: a tragedy that did not end until Judah was prepared to forfeit his own freedom so that his brother Benjamin could go free.

It took the collective experience of the Israelites, their deep, intimate, personal, backbreaking, bitter experience of slavery – a memory they were commanded never to forget – to turn them into a people who would no longer turn their brothers and sisters into slaves, a people capable of constructing a free society, the hardest of all achievements in the human realm.

So it is no surprise that the first laws they were commanded after Sinai related to slavery. It would have been a surprise had they been about anything else. But now comes the real question. If God does not want slavery, if He regards it as an affront to the human condition, why did He not abolish it immediately? Why did He allow it to continue, albeit in a restricted and regulated way, as described in this week's parsha? Is it conceivable that God, who can produce water from a rock, manna from heaven, and turn sea into dry land, cannot call for this change to human behaviour? Are there areas where the All-Powerful is, so to speak, powerless?

In 2008 economist Richard Thaler and law professor Cass Sunstein published a fascinating book called *Nudge*.¹ In it they addressed a fundamental problem in the

1. Richard H. Thaler and Cass R Sunstein, *Nudge: Improving Decisions About Health, Wealth, and Happiness,* Penguin Books, 2008.



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Eta Morris Realty, Ltd. etamorrisrealestate@gmail.com Eta: 054-723-3863 etamorrisrealty.co.il logic of freedom. On the one hand freedom depends on not over-legislating. It means creating space within which people have the right to choose for themselves.

On the other hand, we know that people will not always make the right choices. The old model on which classical economics was based, that left to themselves people will make rational choices, turns out not to be true. We are deeply irrational, a discovery to which several Jewish academics made major contributions. The psychologists Solomon Asch and Stanley Milgram showed how much we are influenced by the desire to conform, even when we know that other people have got it wrong. The Israeli economists, Daniel Kahneman and Amos Tversky, showed how even when making economic decisions we frequently miscalculate their effects and fail

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to recognise our motivations, a finding for which Kahneman won the Nobel Prize.

How then do you stop people doing harmful things without taking away their freedom? Thaler and Sunstein's answer is that there are oblique ways in which you can influence people. In a cafeteria, for example, you can put healthy food at eye level and junk food in a more inaccessible and less noticeable place. You can subtly adjust what they call people's "choice architecture."

That is exactly what God does in the case of slavery. He does not abolish it, but He so circumscribes it that He sets in motion a process that will foreseeably lead people to abandon it of their own accord, although it may take many centuries.

A Hebrew slave is to go free after six years. If the slave has grown so used to his condition that he wishes not to go free, then he is required to undergo a stigmatising ceremony, having his ear pierced, which thereafter remains as a visible sign of shame. Every Shabbat, slaves cannot be forced to work. All these stipulations have the effect of turning slavery from a lifelong fate into a temporary condition, and one that is perceived to be a humiliation rather than something written indelibly into the human script.

Why choose this way of doing things? Because people must freely choose to abolish slavery if they are to be free at all. It took the reign of terror after the French Revolution to show how wrong Rousseau was when he wrote in *The Social Contract* that, if necessary, people have to be forced to be free. That is a contradiction in terms, and it led, in the title of J. L. Talmon's great book on the thinking behind the French Revolution, to totalitarian democracy. God can change nature, said Maimonides, but He cannot, or chooses not to, change human nature, precisely because Judaism is built on the principle of human freedom. So He could not abolish slavery overnight, but He could change our choice architecture, or in plain words, give us a nudge, signalling that slavery is wrong but that we must be the ones to abolish it, in our own time, through our own understanding. It took a very long time indeed, and in America, not without a civil war. But it happened.

There are some issues on which God gives us a nudge. The rest is up to us.

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אל תשת ידך עם רשע להיות עד חמס (כג:א)

"Do not extend your hand with the wicked to be an unrighteous witness" (23:1)

A SHORT VORT | BY RABBI CHANOCH YERES Rav, Beit Knesset Beit Yisrael, Yemin Moshe

One can understand the warning of being wary of the wicked, but what connection does that have to do with becoming a problematic witness?

The Chatam Sofer (Rabbi Moshe Shreiber 1762-1839, Pressburg) answers the question by quoting the Talmud Yoma 9b, that if a man was seen talking in the marketplace with the Amora Rabbi Shimon ben Lakish (Reish Lakish), people would trust that man with their money without even requesting a witness to oversee the transaction.

The pasuk is a warning to avoid becoming too close with any wicked person because you may mislead others and cause him to cheat them because of **your** association with him. When people will see your intimate dealings with this wicked individual, it will be assumed that he is an honest person. Eventually, others will lean towards believing his testimony even though he is probably lying and cheating them. - Shabbat Shalom



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The closing chapter of Sefer Yishayahu is traditionally chanted on Shabbat Rosh Chodesh, which is why it is one of the most frequently read sections of Nach (Nevi'im -Prophets).

Faculty, OU Israel Center

It is also one of the most difficult selections to comprehend.

The perek appears to have no overriding theme. It contains four major sections with no seeming connection to each other. These sections include: 1. minimizing the importance of Temple worship, 2. emphasizing the belief in the future geulah and return to Israel, 3. rewarding the faithful worshippers of G-d and punishing the wicked, and 4. a renewal of the world in which all mankind will recognize and worship Hashem.

Each of these sections could have easily been given to Yishayahu as a separate nevu'ah – and, in some way, they were. But what we rightfully ponder is what the purpose of this final prophecy is and what connection might it have to Rosh Chodesh?

Many commentaries see this perek as a synopsis of Yishayahu's prophecies: his pleadings with the nation, his warnings of impending punishment, his assurances of a better future and his visions of the promised redemption. This approach toward the import of the navi's final words helps us better understand the purpose of our haftarah. But when we take a more complete look at the totality of his words, we might uncover an overriding concept that Yishayahu leaves to his own generation – and to future ones as well.

"....HaShamayim Kis'i..." – Our haftarah opens with G-d's declaration: "The heavens are My throne and the earth is My footstool..." How often have we taken these inspiring words as a statement of the Divine One reflecting His greatness and His complete reign over the universe! And certainly, it is. But that is NOT Hashem's entire purpose.

The primary reason WHY Yishayahu quotes G-d's "truism" can be found in the subsequent words: "ayzeh bayit asher tivnu li?" - G-d is asking Israel what kind of dwelling they could build for G-d if the heavens are His throne and the earth is His footstool? Yishayahu HaNavi uses this question to impress the nation with the fact that the Beit HaMikdash, with all of its rituals and worship, is NOT the "be all" and "end all" of what Hashem demands of them. Rather, Yishayahu continues Hashem's declaration: "el zeh ahbit-el oni un'che ru'ach....", "I look to the humble and broken-spirited and to those who fervently thirst for G-d's word.

The subsequent text – one that many of us do not fully understand – expresses what Hashem rejects. By using the terms of the Temple offerings, ("shochet hashor', "zove'ach hasseh", "ma'aleh minchah") and then, in the succeeding words, equating them with abominations ("makeh ish", "oreif kelev", "dam chazir"), G-d makes the powerful statement that those who focus upon Temple ritual while continuing in sinful behavior, are an *abomination* to Him and will not be forgiven through sacrifice....because

Beit HaMikdash service is NOT a "quick" path to atonement

-but, rather, a means to draw closer to G-d.

And if we understand this opening message of Yishayahu, we better understand the rest of the haftarah. The prophet knows that once the people accept that ritual observance alone will not guarantee their redemption, they will then accept the fact that:

- "The belief in the future geulah and return to Israel" that he preaches, would be based upon justice and compassion – and not on ritual alone; and that
- "Rewarding the faithful worshippers of G-d and punishing the wicked" would not be defined only as those involved in Temple worship; and that
- "A renewal of the world in which all mankind will recognize and worship Hashem" will include ALL mankind (even those who did not offer sacrifices before) who would then recognize and worship G-d alone.

This final nevu'ah leaves a most powerful message to a nation soon to be bereft of a Temple. And, likewise, it is quite fitting for Shabbat Rosh Chodesh, when the maftir reading speaks only of the korbanot offered on Rosh Chodesh. Through hearing the chanting of Yishayahu's last words, we are reminded that Rosh Chodesh is not simply about **ritual** sacrifice, but it is a proper time to remember the importance of **personal** sacrifice - to Hashem and to His people.





Please contact Michael 054-4615014 George 054-7509235





RABBI SHALOM

ROSNER

Rav Kehilla, Nofei HaShemesh Maggid Shiur, Daf Yomi, OU.org Senior Ra"M, Kerem B'Yavneh

Being Compassionate to Others

DO NOT OPPRESS THE WIDOW OR ORPHAN

כּל־אַלְמָנָה וְיָתוֹם לֹא תְעַנּוּן. אִם־עַנַּה תְעַנָּה אֹתוֹ כִּי אִם־צָעֹק יִצְעַק אֵלַי שָׁמֹעַ אֶשְׁמַע צַעֲקָתוֹ: (שמות כב: כא-כב).

You shall not oppress any widow or orphan. If you oppress them [beware,] for if they cry out to Me, I will surely hear their cry. (Shemot 22: 21-22).

The Torah stresses that one may not oppress a widow or orphan. If one violates this decree, God will hear their cry and act accordingly. This is a "Divine Guarantee" to provide the ultimate protection to the underprivileged. How is such "oppression" defined?

Rav Yosef Dov Soloveitchik (Masoret Harav) inquires whether oppression is limited to such severe acts as murder, mutilation, causing severe pain or damage to property? The Rav concludes that whatever affects the peace of mind of the widow or orphan is considered oppression. Even a word, a gesture or facial expression by which the individual feels hurt qualifies. In short, whatever causes an accelerated heartbeat – is defined as oppression.

Rabbi Yisrael Lau once highlighted the importance of caring for widows and orphans as he spoke at a funeral after a young child was orphaned when his parents were slaughtered by terrorists. It is written in Tehillim:

ה׳, פּקחַ עָוְרִים--ה׳, זֹקֵף כְּפוּפִים; ה׳, אהֵב צַדִּיקִים. ה׳, שׁמֵר אֶת-גֵּרִים--יָתוֹם וְאַלְמָנָה יְעוֹדֵד. (תהילים קמו: ח-ט).

God opens the eyes of the blind; God raises up those that are bent; God loves the righteous. God protects the converts; He upholds **the orphan and the widow**... (Tehillim 146: 8-9).

Why is it that God's actions listed above all appear in the **plural** (צדיקים, אהב), yet at the end of the list when mentioning the widow and orphan it switches to the **singular**? Rabbi Lau explains that when it comes to widows and orphans, God views **every single one personally**!

Although the Torah specifies widows and orphans, any inappropriate behavior to another individual is prohibited. It would violate the imperatives of ארשנא – disliking another; לפני עור – taking advantage of another and - ואהבת לרעך כמוך – loving another, to name a few.

ASSISTING AN ENEMY'S FALLEN DONKEY

A similar lesson is derived from another pasuk in the parsha as well. The Torah states: פִּיּתִרְאֶה הֲמוֹר שֹׁנֵאֲך רֹבֵץ תַּחַת מַשָּׂאוֹ וְחָדַלְתָ פִּיַתְרְאֶה הֲמוֹר שַׁנֵאֲך רֹבֵץ תַּחַת כָּג: ה) מֵעֵזֹב לוֹ עֵזֹב תַּעֵזֹב עַמוֹ: (שמות כָג: ה) If you see your enemy's donkey lying under its burden **would you refrain from helping him**? You shall surely help along with him. (Shemot 23: 5).

Rashi comments on this pasuk in one word – בתבמה. The pasuk is to be read in a rhetorical sense. In fact in the Sefer *Latetcha Elyon*, it is mentioned that this is the only time the Torah speaks in a rhetorical manner. If one's enemy's donkey is overburdened – would someone hesitate to assist him? We are created in God's image and so obviously we are to act in a compassionate manner under all circumstances, even when justified in disliking another.

COMPASSION TO OTHERS

From the pesukim above we derive the importance of acting in a compassionate and considerate manner to others in time of need. Unfortunately, we are experiencing a challenging time when numerous people are hurting. Families were displaced from their homes, had relatives seriously wounded or maimed and several lost loved ones. We cannot stand idly by and assume that they are being cared for. Being created in the image of God requires each of us to consider what we can do to enhance the lives of other individuals who are undergoing severe hardship. May Hakadosh Baruch Hu witness our compassion and in return grant us His compassion and enable us to once again live in the Land of Israel in peace and tranquility.

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"Im kesef talveh et ami et he'ani imach lo tihiyeh lo ke'nosheh lo tisimun alav neshech – When you lend money to My people, to the poor man among you, do not press him for repayment. [Also] do not take interest from him." (Shemot 22:24) Each word in the Torah is precise and meticulously chosen to convey deep meaning and relevant messages. Let us tune in to the style and phraseology of this verse and see what we can learn.

The above quoted *passuk* begins with the word "im," meaning "if" or "when." Rashi quotes Rabbi Yishmael (Mechilta) who notes that the Torah employs the word "im" to imply that the individual may or may not choose to do something, if he does, the Torah tells us how. There are three exceptions where although the Torah uses the word "im." the individual is obligated to carry out the directive. Our verse here is one of those exceptions. The Maharal wonders why the Torah presents these mitzvot in a way that seems to suggest a choice, when practically they are obligatory. His answer is truly insightful. One must do these mitzvot because he wants to do them, not only because he has been commanded to do so. As one of the three cornerstone middot, gemilut chasadim expresses our beneficence that comes from a desire to give. Helping another Jew by lending him money must come from

the recognition that generosity of spirit is essential to our makeup; we give because we want to not because we are told to.

We derive another important lesson from the next phrase in the verse, "*et he'ani imach* - the poor one with [among] you." Rashi comments that the lender should visualize **himself** as the needy one asking for help. When we put ourselves in the poor person's position, imagining his discomfort, angst and suffering, we will automatically treat him with greater respect and sensitivity. Such a mindset will allow us to carry our friend's burden with genuine heart.

Chazal teach that it is not by chance when someone approaches us to ask for a handout or loan. The Zohar Hakadosh explains that when Hashem wants to give us a special "gift," he sends a poor person to our door. The act of giving tzedakah not only helps the one who is needy, but ultimately helps the giver as well. We are well aware that tzedakah wards off evil decrees, even death. Hashem provides people with more funds than they need for themselves so that we can access incredible eternal merits. Let us embrace opportunities to help others and condition ourselves to feel that we have been gifted with a unique, personalized chance to expand and grow.



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The Greatness of Man

RABBIJUDAH

MISCHEL

Mid-Nineteenth-Century Eastern European Jewry saw the founding of the Mussar Movement. This represented a paradigm shift in which attention and education turned to emphasize self-development, *middos*, personal ethics, and conduct. The nascent movement was led by Rav Yisrael Salanter, first in Lithuania, and ultimately, through his illustrious students, across the world.

A story is told of how Rav Yisrael Salanter was compelled to dedicate his life to teaching and spreading mussar and the Mussar Movement:

Mottel was a simple shoemaker who lived in a typical *Litvishe shtetl*. While he barely eked out a living, Mottel was an *ehrliche Yid*, hardworking and honest. His small shop in the local marketplace was next door to a blacksmith, tailor, and bookbinder. Together, they shared a daily lunch of black bread and salted fish, and schmoozed to while away the time when business was slow.

One day, there was excitement in the *shtetl*: Mottel received a letter postmarked from the big city. Unable to read, the postman had to inform him that a wealthy, distant relative had passed away and left

his entire fortune to Mottel, the humble shoemaker. Life would never be the same for Mottel and his family.

A gentle and kind man, Mottel was thrilled to be able to help anyone in need, and distributed tzedakah to all who sought assistance. He sponsored the weekly seudah shelishis in the local shtiebel, and a lot more. Overnight, Mottel had become a g'vir of renown, and was beloved far and wide for his generosity and willingness to help. Mottel took good advantage of his great fortune, hiring private melamdim to learn Torah with him and his children. As the years passed, he grew to become a respected talmid chacham, referred to as "Reb Mottel," and he was "granted a seat at the eastern wall, spending his time discussing the learned books with holy men."

When the *shidduch* was made between Mottel's son and the town rabbi's daughter, the townsfolk were filled with joy, and everyone celebrated the wonderful match. Everyone, that is, except Mottel's old friend the blacksmith, who had never come to terms with his friend's success. He continued to struggle to make ends meet, working long, exhausting hours. Over the years, he stewed in bitterness and jealousy.

The *chasunah* was a simchah of epic proportions and guests arrived from all the neighboring *shtetlach* to celebrate. It was the greatest night of Mottel's life; he never could have dreamed he would become a *talmid chacham*, a *baal tzedakah*, and a *mechutan* with the Rav. It seemed too good to be true.

After the glass was broken, everyone settled into the meal, and throngs of well-wishers approached the dais to congratulate Mottel and the Rav. At the head of the line was his old friend, the blacksmith.

"Mottel!" he shouted above the music, loud enough for all to hear, "Mazel tov to you, Mottel...or should I say, Reb Mottel?" Although the eyes of the blacksmith had darkened in cynicism, Mottel beamed at the sight of his old friend and stood to embrace him.

Suddenly, the blacksmith reached into his bag and pulled out an old pair of worn shoes, holding them up for all to see. Snickering bitterly, he shouted, "Hey, heilige Reb Mottel! How much would you charge to fix these shoes for me? And do you think you can have them ready for Shabbos?" The blacksmith looked the mortified *baal simchah* in the eye and added, "With all your good luck, it seems you've forgotten that all you are is a shoemaker!" and threw the shoes at the feet of Reb Mottel.

People froze in horror. Mottel turned red, then white, at a loss for words. Humiliated in front of his family and guests, Mottel's pride and elation were completely deflated. The band stopped playing and the glow of simchah was ruined. The blacksmith's nasty antic was the talk of the evening. Hurt and ashamed, Mottel felt too sick to join the *sheva berachos*. Embarrassed beyond words, he died of a broken heart a couple of days later.

The shocking story spread across Lithuania. When Rav Yisrael Salanter heard what had happened, he decided that something had to change. How could such a tragedy occur in Klal Yisrael? As a result, he began



a campaign to refocus education on *tikkun ha-middos*, personality and character development.

•••••

A common misconception is that what galvanized Rav Yisrael Salanter was the cruel behavior of the blacksmith, and his lack of *middos tovos*. But it was not. Rav Yisrael began the Mussar Movement because of...the shoemaker!

The issue was how did Mottel, a respectable *eved Hashem* and wonderful *ben Torah*, lack the confidence, self-esteem, and resilience to handle the bitter outburst of the blacksmith? How could it be that a Jew, a *ben Melech*, had such a poor sense of self that he was so easily broken by the insult? What shame was there in having been a shoemaker? It wasn't the lack of *ahavas Yisrael* of the blacksmith that convinced Rav Yisrael to embark on his life's mission, rather it was the lack of Mottel's sense of self that launched the Mussar Movement.

Rav Yisrael understood that true self-esteem and resilience, as well as ahavas Yisrael, flows from the 'self-love' and dignity and *gadlus ha-adam*. Acceptance and love of others is an expression of *ahavas atzmo*, love of self, which is *ahavah atzmis*, the quintessential, most natural expression of love. *V'ahavta l'rei'acha* begins with *kamocha*, flike yourself'.

Rabbi Chaim Ephraim Zaitchik was one of the great teachers of Mussar of our times. A student of Novardok, he survived Siberian exile during World War II and dedicated his life to transmitting the authentic Mussar tradition to the next generation.

In Sparks of Mussar, Rabbi Chaim

Ephraim points out the *hashgacha* that the yahrtzeit of Rav Salanter (25 Shevat) falls out during the week when Parshas Mishpatim is read. The Torah is dealing this week with laws of interpersonal propriety, respect for one another's belongings, robbery, injury and personal responsibility. The yahrtzeit is thus a sign from Heaven, attuning us to the importance of the spirit of these interpersonal laws: *V*'ahavta l'rei'acha kamocha, which is rooted ahavah atzmis.

May we reflect on the essential *gadlus* ha-adam in ourselves — and in its warmth, may we allow any shame or low self-essteem to melt away. May our *"kamocha"*, our healthy self-love, shine as beautiful *middos* and as careful, devoted practice of all Hashem's *mishpatim*, bringing light to all those around us.



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10:15 AM Am Yisrael At War Rabbi Anthony Manning (Will Resume Feb. 19)

10:20 AM From Geula to geula-The Reciprocal Purim and Pesach Relationship Rabbi Avi Herzog

11:25 AM Deepening our Eternal Relationship with Eretz Yisrael: Timely teachings from the Wisdom of Rav Kook Rabbi Aaron Goldscheider

12:15 PM Israel's Continuing Struggle for Survival Dr. Deborah Polster

8:30 PM The Bais-Semichat Chaver Program Rabbi Elyada Goldwicht

TUESDAY FEB. 13

Torah Tuesdays in Bakaa-All Classes @ Kehilat Nitzanim, 3 Asher Street

9:15 AM Yosef HaTzadik: The Hero of the Megila Rabbi Heshie Billet

10:15 AM Minchat Chinuch-Meaning in Mitzvot Rabbi Yitzchak Breitowitz

11:15 AM Sefer Breisheet-Chumash B'lyun Rabbi Yossi Goldin

12:15 PM Unlocking the Eternal Wisdom of Chazal Rabbi Shai Finkelstein

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WEDNESDAY FEB. 14

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7:30 PM The Bais (For Men)-Safrut-Mezuzot Course (For graduates of Megila Course) Rabbi Tzvi Mauner-preregistration required

8:30 PM The Bais (For Men) War Time Halachic Dilemmas Rabbi Aschi Dick

THURSDAY FEB. 15

All classes are @ OU Israel Center

9:30 AM Parshat HaShavua Rabbi Ari Kahn

10:45 AM Iron Sword-Perspective for Today from Parshat HaShavua Rabbi Baruch Taub

12:00 PM Lunch and Learn with Rabbi Neil Winkler 40 NIS per person

2:00 PM Men's Gemara Chabura Rabbi Jeff Bienenfeld





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Rabbi Goldwicht Parshat HaShavua Wed. 8:30pm https://us02web.zoom. us/j/2244321902 Password 18

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SIMCHAT SHMUEL BY RABBI SAM SHOR Program Director, OU Israel Center

Being truthful, speaking the truth, and conducting oneself honestly, is one of the fundamental ideas of Jewish life.

Our Chazal teach us:

רוֹתָמוֹ שֶׁל הַקָּדוֹשׁ בָּרוּךְ הוּא ״אֱמָת״. The seal of HaKadosh Baruch Hu is truth... (Shabbat 55a).

Indeed our *Sedra* this week, *Parshat Mishpatim*, introduces us to this very fundamental concept:

מְדְבַר־שֶׁקֶר תִּרְחָק - Distance yourself from a word of falsehood...(Shemot 23:7)

Reb Simcha Bunim of Peshischa zy'a famously pointed out that for no other transgression does the *Torah* stipulate to distance oneself from the transgression, rather simply do not transgress! This comes to teach us that the attribute of truthfulness is so vital, that one must stay far away, and keep distant from even the appearance of a lie!

In his beautiful commentary on the *Chu*mash, **Rabbi Dr. Abraham J. Twerski zy'a** asks a fundamental question on this verse:

"Just what is meant by Distance yourself? It means that one should act in a way that there will be no need to lie!...The Talmud (Tamid 32a) says that a wise person is one who can envision the outcome...Wisdom consists of seeing the long term consequences of one's actions rather than just the immediate effects.

Distancing oneself from falsehood not only prevents one from transgressing the prohibition of lying, but also results in behavior that is both ethical and profitable..." (Twerski on Chumash, pgs 154-155) Rabbi Shlomo Zalman Horowitz, the Patiker Rav, zy'a, points to the statement in the last *mishna* in *Eduyot*, to further explain our verse:

"The mishna in Eduyot states: Eliyahu will come to make distant those that are close, and to bring close those who are distant...

This is an allusion to our verse midvar sheker tirchak-since the letters in the word sheker (false) are close to one another, while the letters in the word for truthemet- are distant from one another sequentially. Eliyahu will come and push aside, and make distant all the falsehood in the world, and bring close- bring us all closer to see the ultimate truth....

Finally, the *Rebbe, Reb Zusha of Anipol, zy'a*, offered a powerful interpretation of our verse-*midvar sheker*, from even a single false word, *tirchak*, one can cause himself to be distanced from the *Ribono Shel Olam*.

Yehi Ratzon, may we each merit to strive to take to heart each of these beautiful insights, to use the gift of speech appropriately and truthfully, and may we soon merit to see the day when indeed the world will be free of falsehood, and we will all come together to embrace the ultimate truth and goodness that the world so desperately needs.

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GEULAS YISRAEL

BY RABBI MOSHE TARAGIN Ram, Yeshivat Har Etzion

When the World Shifts

Is it possible to forget your name? Can an event be so dramatic and overwhelming that you forget everything?

Har Sinai was an event of this scale. The ten plagues and the supernatural splitting of the sea debunked ancient pagan notions that gods resembled Man. It was now patently clear that Hashem was transcendent and existed beyond human imagination.

We still wondered whether a human being, formed from flesh and blood, could speak with Hashem and survive the encounter. Har Sinai, with all its fiery spectacle, made it clear that such a scenario was possible. Har Sinai completely shifted the paradigm, by demonstrating that a G-d who was beyond this world, nonetheless, spoke to Man. The world now believed in direct divine communication, both at a mass level, and through divinely selected nevi'im. Everything after Har Sinai was different.

One day we will all experience a similar global paradigm shift. In the leadup to the Messianic era, human consciousness will be transformed. There is much debate amongst Rishonim as to whether the Messianic era will be an apocalyptic overhaul. Will the entire world order be revamped and replaced by a different reality? Or will the basic foundation of our reality remain intact with minor alterations? Either way, a major shift of consciousness will occur. The entire world will experience a spiritual revival, return to Hashem, and acknowledge the Jews as the chosen people with rights to Israel. Democracy will be replaced by a Moshiach, who will serve as a benevolent monarch under the authority of Heaven. Animal sacrifices, which in our current culture feel abhorrent, will become re-popularized. The shift will be so dramatic that we will almost forget what it was like to live in the old order.

Which returns us to the original question: can a person undergo an experience so jarring and destabilizing that they forget their name? Chazal describe the experience of ascending to Heaven for final judgement after we pass from this world. During our lives we spin false narratives to justify our religious breakdowns or to rewrite our failures as successes. In Heaven, standing in front of Hashem, these false narratives run hollow. Standing before Hashem we see ourselves and our lives for what they were- with all the waste and squandered opportunities. We will become so flustered and panic-struck by the shattering of our precious, long-held narratives that we will even forget our names. Everything will change and we will barely remember the world we once inhabited.

OCT 7TH CHANGED EVERYTHING

We have just lived through a major paradigm shift. It has caused us all to lose our equilibrium. On Oct 7th the ground shifted from under us. It is difficult to even remember what life was like before this crushing day. Everything we believed in was proven wrong. We never imagined that Jews would be tortured and ravaged in our own country. Rape, hostages, and mutilation of dead bodies were scenes from our tortured past in *gallus* without a Jewish army to protect us. Though before Oct 7th we had experienced painful tragedies, we could never imagine the horror of the past 2000 years revisiting us in Israel.

For the past 75 years we became intoxicated with a thrilling redemptive process, believing that we were triumphantly surging toward a Messianic conclusion, with few barriers in our path. We never imagined that the process could take such a sudden and tragic twist. We believed that we had constructed an impenetrable wall, capable of keeping bloodthirsty killers away from our peace-loving citizens. We assumed that our Arab neighbors had more interest in their own welfare, than in spilling our blood. All of these assumptions proved wrong. So much of what we had envisioned before Oct 7th proved to be wrong.

Fortunately, several other pre-Oct 7th conceptions also proved to be wrong. We thought that what divided our people was stronger than what united us. This proved untrue, as Israelis across the political, social, ethnic, and religious spectrum rallied to defend our people and our Homeland.

The paradigm shift of Oct 7th reminded us never to assume that our world is static and permanent. There are large-scale events which radically transform human consciousness, forever changing the way we view our world. For those who have difficulty envisioning redemptive transformation, Oct 7th is a harsh reminder of how sudden and completely things can change.



NORTH TALPIOT (CASPI STREET): new garden apartment, 5.5 rooms, 165m, 80m garden, architecturally renovated, underfloor heating, central a/c, parking, 5,890,000 NIS ARNONA: 3-room apartment, 73m, bright, Sukkah terrace, Shabbat elevator, fully accessible, green & guiet environment, 2,450,000 NIS BAKA: 4 room apartment, 85m, elevator, neat & nice apartment, 2,850,000 NIS ARNONA: 4-room apartment, 90m, master suite, balcony, storage, Shabbat elevator, private parking, 3,290,000 NIS BAKA: New 4 room apartment in a new building, 88m, master suite, storage, Shabbat elevator, private parking, Sukkah balcony in process of being added, 3,890,000 NIS ARNONA: 5-room apartment, 108m, balcony, nice view, Shabbat elevator, fully accessible, private parking, storage, 4,290,000 NIS **OLD KATAMON:** 5-room apartment, 127m, master suite, balcony, private parking, storage, full of light, 5,350,000 NIS

1940-1950

In truth, in the middle of the 20th century, our people experienced dramatic changes and paradigm shifts of Jewish history. Imagine a 5-year long Oct 7th! The Holocaust altered the entire Jewish imagination. A few years later, Jewish consciousness was once again reinvented by the formation of the State of Israel. These two paradigm-shifts changed everything. Life before the Holocaust and without the State of Israel was so different from life in the modern Jewish world that it is almost as if the two eras occurred on different planets.

Viewing the Holocaust and the State of Israel as major paradigm shifts impacts the way we regard ideological statements issued before these two major events. Often, ideological positions articulated in the pre-WWII era are simplistically applied to our very different modern context. The Jewish world prior to 1940 was so radically different from the post-1950 world that simply cutting and pasting ideological statements from one period to another is folly.

My revered Rebbe, Rav Amital, often issued this warning about directly invoking Rav Kook regarding modern issues. Rav Kook envisioned a rosy and dreamy redemptive process marked by our magical return to Israel, accompanied by a global redemptive surge in culture, science, politics, and diplomacy. For him, Jewish secular nationalism contained a seed of religious revival, which would soon germinate.

Rav Kook passed away in 1935, and never witnessed the horrors of the Holocaust. Also, he never witnessed the founding of the State of Israel, led in part, by factions which were overtly and ardently anti-religious. He didn't live to see the violent wars of destruction launched by the Arab world in opposition to our peaceful return to Israel. Simply copying Rav Kook's ideas from the pre-WWII era to the modern era is reckless and flawed.

The same caution should be applied when quoting Torah personalities of pre-WWII Europe. Many expressed harsh opposition to Zionism. Much of their opposition was in response to the aggressive political jockeying of Zionist organizations back in Europe, which disrupted traditional Orthodox life and destabilized the authority of the Rabbinical establishment.

It is anyone's guess what these Torah personalities who opposed Zionism would have felt had they lived through the past 75 years of the State of Israel. Witnessing 7 million Jews return to Israel and the flourishing of Israel as a national and religious epicenter, would they have expressed such disagreement? What would they have said after Oct 7th? It is impossible to know, but simply lifting their statements from 1890 or from 1920 feels foolish.

Too often, those who believe that the State of Israel is a redemptive experience find it difficult to identify with Torah giants from pre-WWII who weren't pro-Zionist or who were radically opposed to Zionism. There is so much to learn from their Torah and their legacy, but, sadly, they are often overlooked or even dismissed, simply because their pre-WWII views don't stack up with modern religious views. They lived in a dramatically different world and their ideological opinions from then may be very different today.

I deeply identify with Rav Elchanan Wasserman, one of the leading Torah giants of the pre-WWII era who was tragically murdered in the Holocaust. My grandfather studied in his yeshiva, and hosted his Rosh Yeshiva when he visited the United States in the middle of the war. I feel a deep kinship with this Torah leader who I never met, but who so deeply impacted my life. Studying his Torah is a deeply spiritual experience for me.

Known as a radical, he was deeply opposed to Zionism of any form– even religious Zionism. I strongly support the State of Israel and my children enthusiastically serve in the IDF, yet I feel little dissonance with this Torah genius. I can't speak in his name, but it is clear that he inhabited a very different world than the one I live in. His adopting radically different positions in that world doesn't make me assume that he would maintain those positions in the very different planet we inhabit.

Things change. Paradigms shift. Oct 7th struck that point home very clearly. ■

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Reading Advertisements on Shabbat

FROM THE VIRTUAL DESK OF THE OU VEBBE REBBE

RAV DANIEL MANN

לעילוי נשמת יואל אפרים בן אברהם עוזיאל זלצמן ז״ל

Question: May one read advertisements on Shabbat? If not, is it permitted to read *divrei Torah* on the same page as an ad?

Answer: One may not read *shitrei hedyotot* on Shabbat (Shabbat 116b). Another *gemara* may extend this prohibition. The *mishna* (Shabbat 148b) forbids reading a guest list on Shabbat. The *gemara* (ibid. 149a) cites two opinions on the reason for this: the reader might erase some of it; reading it might bring one to read *shitrei hedyotot*.

What are shitrei hedyotot, and why are they forbidden? The Rosh (Shabbat 23:1) says that shitrei hedyotot are documents connected to commerce, and they are forbidden due to the navi's warnings not to be involved in one's mundane pursuits on Shabbat (mim'tzo cheftzecha – Yeshayahu 58:13). The Rambam in the Commentary on Mishna (Shabbat 23:2) says that it is forbidden to read anything that is not Torah. In Mishneh Torah (Shabbat 23:19) he views shitrei hedvodot as weekday-like things, which can bring one to erase. How far to take this is a complicated topic, and the broad common practice is extremely lenient. However, the full consensus of poskim (see Dirshu 307:70) is that shitrei hedyodot include not only commercial documents but also commercial advertisements, which are produced to encourage people to buy, rent, take a job, etc. in a for-profit setting.

The reading's intensity makes a difference. While there is an opinion that the prohibition is only for reading with one's mouth (see Beit Yosef, Orach Chayim 307), we *pasken* that reading with the eyes is also generally forbidden (Shulchan Aruch and Rama, OC 307:12-13). However, glancing at something, without intent to pick up content, is permitted (Ne'ot Mordechai XVIII, p. 70; Dirshu 307:58). Consider that in order to avoid reading something, one first needs to see (= read superficially) what it is.

It has been debated for centuries whether one may read newspapers on Shabbat (beyond our present scope). In this context, the She'eilat Ya'avetz's (I:162) reason not to raises your critical question. He says a newspaper should have been permitted, but one should not read one because he is liable to read the ads within it. The Mishna Berura (307:63) seems to prefer this opinion, but many view this as a *chumra*, good advice, and/or for people who are drawn to the paper's commercial parts (see Shemirat Shabbat K'hilchata 29:46; Da'at Torah 307:16).

The Orthodox Union - via its website - fields questions of all types in areas of kashrut, Jewish law and values. Some of them are answered by Eretz Hemdah, the Institute for Advanced Jewish Studies, Jerusalem, headed by Rav Yosef Carmel and Rav Moshe Ehrenreich, founded by HaRav Shaul Yisraeli zt", to prepare rabbanim and dayanim to serve the National Religious community in Israel and abroad. Ask the Rabbi is a joint venture of the OU, Yerushalayim Network, Eretz Hemdah... and OU Israel's Torah Tidbits.



In Torah oriented or based publications, other leniencies apply. First, even those who would forbid or discourage reading newspapers because of the commercial parts, permit reading *divrei Torah* even if they are in the proximity of advertisements (Shemirat Shabbat K'hilchata ibid.; Avnei Yashfeh I, OC 76).

More fundamentally, the *mitzvah* element is its own *heter* regarding would-be Shabbat violations of what one should be occupied with on Shabbat (see Shabbat 113a). This permits reading an advertisement of *mitzvah*, e.g., notification of a *shiur*, *tzedaka* appeal (Orchot Shabbat 22:132, based on Magen Avraham 307:16). It is somewhat less clear if it is permitted to read a commercial ad (i.e., for profit), when the sales item is used for a *mitzvah* e.g., *sefarim*, 4 *minim* (see ibid. 129; Ne'ot Mordechai XVIII, p. 230).

If we accept the latter leniency, then we must analyze many commercial ads in *parasha* sheets to determine whether they count as *mitzvah* matters in this regard. In many types of ads, it can depend on the specifics and/or the reader, as we can see (in brief) in the following examples: 1. Real estate in Israel can be a *mitzvah* **if** needed to strengthen our hold on the Land or **enable** *aliya*; 2. Most travel offers are about enjoyment, but, for a few, the Torah or *mitzvah* element could be major; 3. Some health services are just nice, and some are life-saving.

We recommend that publications whose

content is Shabbat appropriate can be read on Shabbat, but it is best to not read any commercial ads (it is too complicated to figure out each time and people may lack the discipline to look and then look away). However, there is room for *limmud z'chut* for quite a few ads.

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RABBI AARON GOLDSCHEIDER

EDITOR, TORAH TIDBITS RAV, THE JERUSALEM SHUL - BAKA, JERUSALEM

Beehives and Apple Trees

If we had to choose a motto for the Jewish people, *na'aseh ve-nishma*, "we shall do and we shall listen" (Exodus 24:7), seems a very apt candidate. First affirmed in unison at Mount Sinai, these words profess our

absolute loyalty and devotion to God, and express our willingness to observe whatever He commands before knowing what it entails. We put the cart before the horse because the heart leads the mind.

The Talmud calls this ready response of the entire Jewish people angelic: "A voice called out from heaven saying, 'Who

revealed to My children the secret of the ministering angels?³⁷¹ Rav Avraham Yitzchak Hakohen Kook explained that it is not that the angels submit unquestioningly to God's will, but that they naturally identify with it and instinctively fulfill it. The Jew's relationship to the Torah is, the Talmud is telling us, no different, because our soul is a divine spark that organically links us to the will of God.² Rav Kook minted his own metaphor of a bee building a beehive. The bee has no blueprints, nor does it have a grasp of physics or mathematics. The beehive gets built nonetheless, and with mathematical precision. Similarly, the Jew is able to carry out the mitzvah (*na'aseh*) even before hearing it (*nishma*), because the Torah is a natural extension of the Jewish soul.³

Every Jew is metaphysically part of the Torah. In the mystical tradition, the name



"Yisrael" (יְשָׂרָאֵל) of the entire Jewish people is an acronym for "there are 600,000 letters in the Torah" (אוֹתִיוֹת לַתּוֹרָה יַשׁ שָׁשִׁים רְבּוֹא).⁴ Each of us, so to speak, is a letter in the Torah. The *Zohar* makes a similar statement of metaphysical identity: "Torah, God, and the Jewish people are all one."⁵

Song of Songs 2:3 compares the beloved to "an apple tree among the trees of the forest." The Talmud asks: "Why are the Jewish people compared to an apple? To tell you that just as with the apple tree the fruit precedes the foliage, so too the Jewish people put *na'aseh* before *nishma*."⁶ Rav Kook unpacked the comparison for us. Generally, an objective is reached by following a specific and

^{1.} Shabbat 88a.

^{2.} Ein Ayah, Shabbat, 9:76.

^{3.} Ma'amrei ha-Re'iyah, 171–172.

^{4.} See Megaleh Amukot, Ofen 186.

^{5.} Zohar, III:73a.

^{6.} Shabbat 88a.

necessary set of steps. Sometimes, however, the process can be bypassed and the goal more quickly reached. In the same way the fruit buds appear on the apple tree before the spring foliage emerges, it was revealed at Sinai that the Israelites were ready and able to accept the Torah even before the growth stage. This was because their souls were, as we have seen, one with God and with the Torah.⁷

Through Torah study, we strengthen and tighten the link between these three. Every morning, we recite a blessing prior to studying Torah, the obligation for which is derived from the verse: "When I call out God's name. render greatness to our God" (Deuteronomy 32:3). The Talmud understands "God's name" to stand in for the entire Torah.8 Rav Kook observed that it can actually be meant literally, as the kabbalists teach that the entire text of the Torah is actually a protracted sequence of divine names.9 If the Torah consists of God's names. then to read a verse from the Torah is to encounter and delve into God, so to speak. In Torah study, our souls, our inner selves, fuse with the

9. See Ramban's introduction to the Book of Genesis.

author of the Torah Himself.¹⁰

Rav Kook's foremost student and friend Rabbi Yaakov Moshe Charlop expanded upon his master's teaching. Repeated fulfillment of *na'aseh*, punctilious observance and study of the Torah, enables *nishma*, hearing the voice of God underlying each word. The voice of God that was heard at Sinai can still be heard today if we attune ourselves to it.¹¹ We can achieve this by being mindful of how spiritually connected we are to every letter, every word, and every verse, since our souls are existentially bound to the Torah and to God.

In a homiletic vein, it has been noted that *na'aseh ve-nishma* appears in chapter 24, verse 7 of Exodus. This alludes to the fact that the verse's message is always applicable in Jewish life, or, as we might say today, 24/7. Every moment of our lives should be lived with an awareness of our being deeply intertwined with the Torah and with God.

10. Ein Ayah, Berachot, 3:39. 11. Mei Marom, Nimukei Mikra'ot, 135, s.v. נעשה

Rabbi Goldscheider is the author of the newly published book 'Torah United' (OU Press), featuring divrei Torah on the weekly parasha from Rav Kook, Rabbi Solovetichik, and the Chassidic Masters.



ונשמע.

^{7.} Ein Ayah, Shabbat, 9:77.

^{8.} Berachot 21a.

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PORTION FROM THE PORTION

RAKEL BERENBAUM Contributor, Torah Tidbits

Lending and Borrowing

We have a family joke. My mother in law likes to say that she knows how people acquire books (by borrowing them and forgetting to return them), but she doesn't know how anyone acquires a bookcase.

This week's portion includes 53 mitzvot. One of the mitzvot is about lending (22:24). The verse reads "**If** you lend money to My people ..." The verse uses the Hebrew word "*IM*" for "If". Rashi on the verse explains that every "if" in the Torah implies an optional act. There are three exceptions to this rule. One of the three is the "if" in our verse. The verse isn't saying "If" you lend money, but "when" you lend money. Lending money to the needy is obligatory as we learn from the verse in Devarim (15:8) "You should certainly lend to him.

The Chafetz Chaim wrote a whole book called "Ahavat Chesed – The Love of Kindness " about the importance of doing kindness. He says that the Torah begins and ends with deeds that God did that show His Chesed. The Torah is constantly trying to teach us to follow in God's path of doing Chesed. The Chafetz Chaim chose to start this book by elaborating on the laws that pertain to loans since it is a chesed that is listed as a mitzvah in a specific verse. He says that this commandment is greater than the commandment of giving *Zedaka*, charity – because the loan may save the receiver from needing charity in the future and it is less embarrassing for him to take a loan than to take charity.

He explains that it is also a commandment to lend money to a rich person who does not have ready cash, because extending kindness applies to both rich and poor, but the poor take precedence. This commandment does not only apply to lending money, but includes lending animals or utensils as well. If the item that you lend out will be used by the borrower to make a living, the reward for lending it is even greater.

There are some people who don't mind lending their things to others, but they mind the bother involved (i.e. having to search through the house for the object). The way to overcome these negative feelings, is to acquire the realization of the importance of chesed just like he would be willing to walk to shul to fulfill the mitzvah of hearing the blowing of the shofar; he should be willing to walk around his house to do the mitzvah of lending an object to someone. Lending things out to others is a chesed that one can merit even by lending out something so minor as a pencil and paper. And it is a very big mitzvah to lend someone your Torah books. The merit of the Torah knowledge which the borrower gains from learning from those books will be credited to the lender.

On one hand a person is obligated to lend out his possessions to other people. On the

other hand, the person who receives the object must be careful to take good care of what he borrows. He can only use the article in the way the lender stipulated. He may not lend the article to someone else. He must be careful to return the article as soon as he is finished using it (remember my mother-in laws joke).

And some practical advice to make lending easier. It's a good idea to have a designated place to write down what you have lent out, when and to whom – that way if the person doesn't return it before you need it you can track down where it is. This way you won't have to get frustrated which could cause you to refrain from lending things out.

I learned from my brother in law, Dr. Yitchak Dresner z"l another trick for getting people to return things. Whenever he lent out a book he would put a post-it-note on the book with the date that he expected it to be returned. That note was a very good reminder every time I took the book in my hand that I had better return it. Writing your name on possessions that you are lending out makes it easier for people to remember who the object must be returned to.

Rabbi Pliskin in his book "Love Your Neighbor " brings a story about Rabbi Eliyahu Dovid Rabbinowitz-Teumim ("HaAderet"), the Rabbi of Jerusalem. He traveled a lot, and would take along a suitcase full of extra objects that people might need on a trip. He did this in order to be able to fulfill the mitzvah of lending out things to others. Especially in these days when we could use more merits may we follow in his ways and go out of our ways to do more mitzvot.

This week's portion (23: 14-19) also talks about the *Shalosh Regalim* – the **three**

pilgrimage festivals (Pesach, Shavuot, Sukkot). The weather has been very cold and rainy – so the recipe is a nice thick hot soup. I chose the "**Three** Sister's" Soup made with corn, beans, and squash, crops that the original Canadian inhabitants called the "three sisters" because they help each other grow when they are planted near each other.

THREE SISTERS SOUP (CORN, BEANS, AND SQUASH)

- 10 mL (2 tsp) oil
- 1 onion, diced
- 4 carrots, chopped
- 4 cloves garlic, minced
- 4 stalks celery, chopped
- 2 L (8 cups) water
- 1 squash, peeled and cubed
- 375 mL (1 ½ cups) frozen corn
- 2 cans (2 x 540 mL/19 oz) kidney beans, drained and rinsed or 600 gr. dried kidney beans
- 10 mL (2 tsp) dried thyme (or 60 mL/4 tbsp fresh) (optional)
- Salt and pepper to taste

Heat oil in a large saucepan. Add onion and sauté over medium heat, stirring often until golden, about 2 minutes. Add carrots, garlic and celery and sauté for another 8 minutes, or until softened. Add water and bring to a boil. Add the dried beans and cook till the beans are softened. Lower the heat and add cubed squash. Simmer, covered, stirring occasionally. If you are using canned beans, then add them now, with the corn, thyme and pepper. Stir and simmer, until squash is soft.



INSIGHTS INTO LASHON HAKODESH



DR. ARIELLA AGATSTEIN

The Regalim: The Step-by-Step Inspiration in the Service of G-d

There are many words which refer to the Jewish holidays in the Torah. There is מועד, מועד, מועד, but in this week's Parsha, for the very first time, the Torah mentions the word רגל in reference to such holidays. The pasuk in כג: דא פאמות כג: אפוניד

״שלש רגלים תחג לי בשנה״

"Three 'regalim' you shall celebrate for Me each year."

Literally translated as "a foot", Chazal diverge in their explanation of what this word means. Every word in the Torah is precisely chosen by G-d. What does the word רגל come to teach us about the Jewish holidays?

Rashi and many other commentaries explain that the word דגלים means "פעמים" "times"- that the Jewish people were obligated to celebrate special festivals three times a year, namely Pesach, Shavuot and Sukkot.

The Rambam writes on the Mishna Chagiga א:א that although the word רגל means "times", it is mentioned in the Torah here, to inform us that one who is physically unable to walk is exempt from the mitzvah of coming to the Mikdash for these three festivals.

Rav Hirsch's approach is more nuanced. He explains why the word רגל does not mean "time" and delineates etymologically between the word פעם and רגל He states that the פעם refers to when a foot strikes the ground. It is related to a פעמון - a bell where the metal strikes the metal, or פעם, translated as an "anvil", when something strikes it. The focus of the word פעם, is a foot hitting the ground.

A ארגל, by contrast, has many meanings. It has the same שרש, *root*, as the word which means "to spy". It is also a word which is used with regard to the journey of Bilaam to curse the Jewish people. Rav Hirsch explains that a רגל focuses on a foot midairand translates it to mean "pilgrimages".

What is the difference between a foot striking the ground versus a foot in the air?

Rav Hirsch explains that a foot striking the ground focuses on the end product- the destination-while the foot midair (rrd) focuses more on the efforts made and the journey itself. He writes on Shemot 23:14: "The festival is called rrd) on account of the duty in undertaking a Pilgrimage up to the Sanctuary courtyard, the rrd), a duty incumbent upon every male..." According to Rav Hirsch, it was the self-sacrifice that one made, specifically during times in which there were agricultural milestones happening at home, which "melted the heart of his materialism" and helped him to prioritize his role as part of the nation, in serving Hashem.

In Judaism, G-d constantly reminds us of the importance that *our efforts* have in our spiritual growth. Hashem wants us to put in the effort because the effort changes who



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we are and brings us closer to Hashem. As שיר השירים רבה ה:ב שיר השירים יבָּנַי, פִּתְחוּ לִי פָּתַח אֶחָד שֶׁל תְּשׁוּבָה כְּחֻדָּה שָׁל מַחַט, וַאֲנִי פּוֹתֵחַ לָכֶם פְּתָחִים שֶׁיִהְיוּ עֲגָלוֹת וּקָרוֹנִיּוֹת נכנסוֹת בּוֹ״

"My sons, open for me one opening of repentance [even as small as] the eye goes a needle, and I will open for you openings that wagons and carriages enter through."

The first message of the use of הרגל is to remind us to put in *our* effort when serving G-d. We are not meant to sit still and expect religious inspiration to fall from Heaven. Instead, we are meant to (literally) take the **first step**, to commit ourselves to find the spirituality which we seek. This may seem like a daunting task for one who is feeling like they are spiritually "running on empty", but G-d reassures Am Yisrael that He will meet our efforts with Divine assistance.

The הכתב והקבלה adds a further dimension to the word רגל. He explains that a Jew generations after Yetziat Mitzraim could ask themselves, "Why should I keep the mitzvot that I do not understand? Why should I dedicate my life towards the fulfillment of actions which are beyond my comprehension?" G-d understood that mankind could struggle to connect to mitzvot for which they didn't have a clear reason or understanding, and so three times a year, HaKodosh Baruch Hu wanted each adult male (and optionally others) to make the journey by foot to the Mikdash. This was to parallel the fact that this pilgrimage and subsequent visit to the Mikdash was guiding and habituating (להרגיל) and leading Am Yisrael towards following in the ways of Hashem.

י כי הם מוליכים מרגילים ומנהלים את ישראל

ללכת בדרכי ה' יתברך ומצוותיו."

During these three holidays, Am Yisrael would witness miracles that were far above

the laws of nature, far beyond their understanding of science. They would watch as a fire from the Heavens would come down to consume korbanot, and that the flame would not be extinguished even in the rain. They would see the miracle of how despite the hundreds of thousands of people, there was always enough room for each person to bow and prostrate in the courtyard, with plenty of room around them. They would be shown the miracle of the כרובים, the cherubs. and how they faced each other, as well as the the showbread, לחם הפנים the showbread, and how it was always warm. These miracles were Hashem's reminder: "Just as these miracles are beyond your comprehension, so are the mitzvot which you do not fully understand." This pilgrimage was an opportunity to spiritually regulate and habituate Am Yisrael to make it easier for them to keep the mitzvot.

This, too, is a message for ourselves. We no longer have the yearly visits to the Mikdash to spiritually inspire and reinvigorate us, and so when we pray for the ultimate redemption each day, we should feel a profound sense of loss. Our disconnection from HaKodosh Baruch Hu, our spiritual confusion is compounded by thousands of years of no such visits- of no such רגלים. Those pilgrimages not only connected us to Hashem, and helped regulate us to His service, but it also helped remind us *how* to be a part of our nation. It united us. We came and served G-d- and no matter what we looked like or our particular Torah approach, we were reminded that we were one. That is our loss and that is what we pray for each and every day in our daveningto merit the return of our Mikdash, and of those needed רגלים pilgrimages, and the coming of the ultimate גאולה very soon.



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Trauma and Resilience DANNY BROM, PHD

5:05 PM

Crisis, Normal Reactions to Crisis, and Trauma NECHAMA MUNK, MSW

5:40 PM

The Emotional Trauma of Being a First Responder ELI BEER

5:55 PM

Enhancing Resilience in the Children of Sderot JENNIE GOLDSTEIN, MD

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6:30 PM

Halachic Aspects of Mental Health & the Current Situation RABBI YONI ROSENSWEIG

7:05 PM - BREAK

7:20 PM

Spirituality, and Things We Can Do To Cope DEBBIE AKERMAN, PHD

7:55 PM

Vicarious Trauma and Are We all in this Together? NORMAN BLUMENTHAL, PHD

8:30 PM

Relationships and Resilience RABBI ARI SYTNER, PHD

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Ezra and Tali Silton ChashModi'in Chapter Directors

The Essence of the Torah

Up until our parsha the Torah is filled with fascinating stories. Abraham's adventures, Yitzchak and Yaakov's crazy lives, Am YIrael forming into a nation, the slavery in Egypt, leaving Egypt, the splitting of the sea, and finally receiving the Torah.

Our parsha is full of a bunch of "dry" rules. What is a parsha like this doing right after all these exciting parshas?

The answer is that this is the most important part of the Torah. All these stories up until now came to build up our אמונה. From here on out is the way to act off our אמונה.

The stories stay in the past, but the rules and halachot continue on to the future and stay with us forever. It is nice to say we are an *Am Kadosh* but we need the rules to really show it and back up that claim.

Shabbat Shalom



Yoni Rosenberg 12th Grade Chashmonaim

Always Prepared

In this week's parsha, parshat Mishpatim, we have two very interesting pesukim: "ויבא משה ויספר לעם את כל דברי ה' ואת כל המשפטים ויען כל העם קול אחד ויאמרו כל הדברים אשר דבר ה' נעשה" (פרק כד פסוק ג) Moshe came and told the people all the words of Hashem and all the ordinances, and the entire people responded with one voice and they said," All the words that Hashem has spoken we will do" זויקח ספר הברית ויקרא באזני העם ויאמרו כל

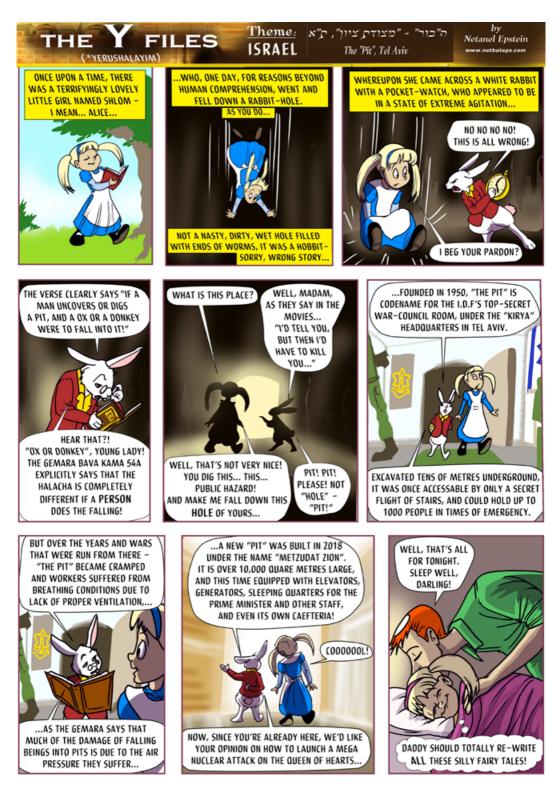
אשר דבר ה״נעשה ונשמע״ (פרק כד פסוק ז)

"He took the Book of the Covenant and read it in earshot of the people, and they said,"Everything that Hashem has said, we will do and we will hear!"

These pesukim tell us that the Jews said "all the words that Hashem has spoken,we will do." Then they said," we will do and we will hear." Rav Moshe Feinstein asks a question: What was so special about Bnei Yisrael saying "we will do and we will hear"? Was not "all the words that Hashem has spoken, we will do!" a stronger commitment than just purely saying "we will hear"?

He answers the question like this: someone employed as a chauffeur, for example, is paid for his entire shift, no matter if he's driving his employer or not, because he is always ready to do his job. When Klal Yisrael said "we will hear" they were ready to fulfill Hashem's mitzvahs at any moment, even when there is no mitzvah at that exact moment. That being so, the phrase," we will do and we will hear" reflected the Jewish people's commitment to do Hashem's mitzvot at every moment in their lives.

Shabbat Shalom! 🗖



Be'er Tziporab a"h -Bottled Water Gemach

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brought life and strength to so many people, that she touched! She was like Aron, who loved peace and pursued peace.



Yoni thanks Hashem for having

the opportunity of having Tziporah in his life, to learn of her caring, patience and happiness, to overcome her challenges. May Tziporah's Neshama be a light onto the world, in a time of darkness, and may her Neshama shine to Gan Eden. Yoni misses Tziporah with tears in his eyes, as Hashem gave him a gift, a crown jewel, now he returns her to Hashem. With thanks and Toda. Love, Yoni

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בס״ד



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Elizabeth Kohan, MSW

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